



TenderCare

September 2022



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|---|--|--|
| <p><i>"Happily we bask in this warm September sun, Which illuminates all creatures..."</i> — Henry David Thoreau</p> |  | <p><i>"O sweet September, thy first breezes bring The dry leaf's rustle and the squirrel's laughter, The cool fresh air whence health and vigor spring And promise of exceeding joy hereafter."</i> — George Arnold, September Days</p> | <p>MEALS: 7:30 Breakfast 9:30 Snack 11:30 Lunch 2:30 Snack 4:30 Supper 7:00 Hydration</p> | <p>1 8:30 Morning Greeting 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Bowling</p> | <p>2 SHOPPING 8:30 Morning Greeting 9:00 Exercise 10:00 Courtyard Fun 1:00 Bingo 2:00 Dump & Fold 3:00 Movie & Snack</p> | <p>3 10:00 Obie Games 2:00 Tabletop Activities</p> |
| <p>4 8:30 Morning Greeting 10:00 Worship 2:00 Obie Games</p> | <p>5 LABOR DAY BEAUTY SHOP WILL BE OPEN 8:30 Morning Greeting 10:00 Obie Games 2:00 Tabletop Activities 3:00 Movie & Snack</p> | <p>6 8:30 Morning Greeting 9:00 Exercise 10:00 Color Corner 1:00 Game Time 2:00 Balloon Volleyball 3:00 Cornhole</p> | <p>7 8:30 Morning Greeting 9:00 Exercise 10:00 Story Time w/Jessica 1:00 Manicures 2:00 Bingo 3:00 Sculpting</p> | <p>8 8:30 Morning Greeting 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Bowling</p> | <p>9 SHOPPING 8:30 Morning Greeting 9:00 Exercise 10:00 Memory Jogger 1:00 Bingo 2:00 Dump & Fold 3:00 Movie & Snack</p> | <p>10 10:00 Obie Games 2:00 Tabletop Activities</p> |
| <p>11 PATRIOTS DAY & GRANDPARENTS' DAY 8:30 Morning Greeting 10:00 Worship 2:00 Obie Games</p> | <p>12 BEAUTY SHOP 8:30 Morning Greeting 9:00 Exercise 10:00 Craft w/Libby 1:00 Memory Jogger 2:00 Parachute 3:00 Tic Tac Toe Toss</p> | <p>13 8:30 Morning Greeting 9:00 Exercise 10:00 Craft w/Jessica 1:00 Game Time 2:00 Balloon Volleyball 3:00 Cornhole</p> | <p>14 8:30 Morning Greeting 9:00 Exercise 10:00 Sensational Sensory 1:00 Manicures 2:00 Bingo 3:00 Sculpting</p> | <p>15 8:30 Morning Greeting 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Bowling</p> | <p>16 SHOPPING 8:30 Morning Greeting 9:00 Exercise 10:00 Courtyard Fun 1:00 Bingo 2:00 Dump & Fold 3:00 Movie & Snack</p> | <p>17 10:00 Obie Games 2:00 Tabletop Activities</p> |
| <p>18 8:30 Morning Greeting 10:00 Worship 2:00 Obie Games</p> | <p>19 BEAUTY SHOP 8:30 Morning Greeting 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Movie & Snack 3:00 Tic Tac Toe Toss</p> | <p>20 8:30 Morning Greeting 9:00 Exercise 9:30 Hymnals w/The Halls 1:00 BIRTHDAY PARTY 2:00 Movie & Snack 3:00 Cornhole</p> | <p>21 8:30 Morning Greeting 9:00 Exercise 10:00 Sensational Sensory 1:00 Manicures 2:00 Bingo 3:00 Sculpting</p> | <p>22 8:30 Morning Greeting 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Bowling</p> | <p>23 SHOPPING 8:30 Morning Greeting 9:00 Exercise 10:00 Memory Jogger 1:00 Bingo 2:00 Dump & Fold 3:00 Movie & Snack</p> | <p>24 10:00 Obie Games 2:00 Tabletop Activities</p> |
| <p>25 8:30 Morning Greeting 10:00 Worship 2:00 Obie Games</p> | <p>26 BEAUTY SHOP 8:30 Morning Greeting 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Movie & Snack 3:00 Tic Tac Toe Toss</p> | <p>27 8:30 Morning Greeting 9:00 Exercise 10:00 Color Corner 1:00 Game Time 2:00 Courtyard Fun 3:00 Cornhole</p> | <p>28 8:30 Morning Greeting 9:00 Exercise 10:00 Sensational Sensory 1:00 Manicures 2:00 Bingo 3:00 Sculpting</p> | <p>29 8:30 Morning Greeting 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Bowling</p> | <p>30 SHOPPING 8:30 Morning Greeting 9:00 Exercise 10:00 Courtyard Fun 1:00 Bingo 2:00 Dump & Fold 3:00 Movie & Snack</p> |  <p>Hughleen H. 9/04 Betty K. 9/15 Myra B. 9/29</p> |

* Activities are subject to change.