






TenderCare

~ November 2022 ~



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 No November Birthdays	MEALS: 7:30 Breakfast 9:30 Snack 11:30 Lunch 2:30 Snack 4:30 Supper 7:00 Hydration	1 9:00 Exercise 10:00 Color Corn 1:00 Fun w/Richelle 2:00 Obie Games 3:00 Cornhole	2 9:00 Exercise 10:00 Sensory Sensations 1:00 Manicures 2:00 Bowling 3:00 Sculpting	3 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Tic Tac Toe Toss	4 9:00 Exercise 10:00 Courtyard Fun 1:00 Craft Corner 2:00 Reminiscing 3:00 Movie & Snack	5 10:00 Tabletop Activities 2:00 Obie Games
6 Daylight Savings 10:30 Worship 2:00 Obie Games	7 Beauty Shop 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Puzzles 3:00 Tic Tac Toe Toss	8 9:00 Exercise 10:00 Craft w/Meghan 1:00 Obie Games 2:00 Balloon Volleyball 3:00 Movie & Snack	9 9:00 Exercise 10:00 Sensory Sensations 1:00 Manicures 2:00 Bowling 3:00 Sculpting	10 9:00 Exercise 10:00 Word Puzzles 1:00 Bingo 2:00 Dump & Fold 3:00 Tic Tac Toe Toss	11 Veteran's Day 9:00 Exercise 10:00 Courtyard Fun 1:00 Cookie Decorating 2:00 Reminiscing 3:00 Movie & Snack	12 10:00 Tabletop Activities 2:00 Obie Games
13 10:30 Worship 2:00 Obie Games	14 Beauty Shop 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Obie Games 3:00 Tic Tac Toe Toss	15 9:00 Exercise 10:00 Color Corn 1:00 Fun w/Richelle 2:00 BIRTHDAY PARTY 3:00 Cornhole	16 9:00 Exercise 10:00 Babies w/Jessica 1:00 Manicures 2:00 Bowling 3:00 Sculpting	17 9:00 Exercise 10:00 Word Puzzles 1:00 Games w/Keely 2:00 Dump & Fold 3:00 Tic Tac Toe Toss	18 9:00 Exercise 10:00 Courtyard Fun 1:00 Craft Corner 2:00 Reminiscing 3:00 Movie & Snack	19 10:00 Tabletop Activities 2:00 Obie Games
20 10:30 Worship 2:00 Obie Games	21 Beauty Shop 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Manicures 3:00 Tic Tac Toe Toss	22 9:00 Exercise 10:00 Craft w/Meghan 1:00 Craft w/Libby 2:00 Balloon Volleyball 3:00 Cornhole	23 9:00 Exercise 10:00 Sensory Sensations 1:00 Manicures 2:00 Bowling 3:00 Sculpting	24 Thanksgiving Day 	25 9:00 Exercise 10:00 Courtyard Fun 1:00 Craft Corner 2:00 Reminiscing 3:00 Movie & Snack	26 10:00 Tabletop Activities 2:00 Obie Games
27 10:30 Worship 2:00 Obie Games	28 Beauty Shop 9:00 Exercise 10:00 Watercolor 1:00 Balloon Volleyball 2:00 Puzzles 3:00 Tic Tac Toe Toss	29 9:00 Exercise 10:00 Watercolor 1:00 Fun w/Joyce 2:00 Balloon Volleyball 3:00 Cornhole	30 9:00 Exercise 10:00 Sensory Sensations 1:00 Manicures 2:00 Bowling 3:00 Sculpting			

* Activities are subject to change.