

TenderCare January 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day 10:30 Worship 2:00 Gaither Gospel	2 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 New Year Toast	3 9:00 Exercise 10:30 Sculpting 1:00 Craft w/Richelle 2:00 Picture Bingo 3:00 Cornhole	4 9:00 Exercise 10:30 Manicures 1:00 Food Art/Bracelet 2:00 Devotional 3:00 Bowling	5 9:00 Exercise 10:30 Reminiscing 1:00 Craft Corner 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	6 9:00 Exercise 10:30 Cookie Decorating 1:00 Card Matching 2:00 Whipped Cream Art 3:00 Balloon Volleyball	7 10:30 Color Corner 2:00 Movie & Snack
8 10:30 Worship 2:00 Gaither Gospel	9 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Color Corner	10 9:00 Exercise 10:30 Sculpting 1:00 Craft w/Meghan 2:00 Picture Bingo 3:00 Cornhole	11 9:00 Exercise 10:30 Manicures 1:00 Floral Design 2:00 Devotional 3:00 Bowling	12 9:00 Exercise 10:30 Reminiscing 1:00 Craft Corner 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	13 9:00 Exercise 10:30 Cupcake Decorating 1:00 Dominoes 2:00 Color Corner 3:00 Balloon Volleyball	14 10:30 Color Corner 2:00 Movie & Snack
15 10:30 Worship 2:00 Gaither Gospel	16 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Color Corner	17 9:00 Exercise 10:30 Sculpting 1:00 Craft w/Richelle 2:00 Picture Bingo 3:00 Cornhole	18 9:00 Exercise 10:30 Manicures 1:00 FoodArt/Necklace 2:00 Devotional 3:00 Bowling	19 9:00 Exercise 10:30 Reminiscing 1:00 Craft Corner 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	20 9:00 Exercise 10:30 Hot Cocoa Social 1:00 Card Matching 2:00 Whipped Cream Art 3:00 Balloon Volleyball	21 10:30 Color Corner 2:00 Movie & Snack
22 10:30 Worship 2:00 Gaither Gospel	23 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Color Corner	24 9:00 Exercise 10:30 Sculpting 1:00 Craft w/Meghan 2:00 Picture Bingo 3:00 Cornhole	25 9:00 Exercise 10:30 Manicures 1:00 Door Décor 2:00 Devotional 3:00 Bowling	26 9:00 Exercise 10:30 Reminiscing 1:00 Birthday Party 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	27 9:00 Exercise 10:30 Apple Cider Social 1:00 Dominoes 2:00 Color Corner 3:00 Balloon Volleyball	28 10:30 Color Corner 2:00 Movie & Snack
29 10:30 Worship 2:00 Gaither Gospel	30 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Color Corner	31 9:00 Exercise 10:30 Sculpting 1:00 Craft Corner 2:00 Picture Bingo 3:00 Cornhole	MEALS 7:30 Breakfast 9:30 Snack 11:30 Lunch 2:30 Snack 4:30 Supper 7:00 Hydration	<i>Happy Birthday</i> Leslie W-H 1/06 Cathryn H. 1/20 Inge C. 1/30		

* Activities are subject to change.