

The Lodge of Colonial January 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day 	2 10:00 Exercise w/ Balloon Volley Ball 2:30 Bingo	3 10:00 Manicures 2:00 Trivia w/Libby	4 10:00 Exercise 2:30 Bingo	5 10:00 Games w/Richelle 2:30 Penny Pass	6 SHOPPING 10:00 Exercise 2:30 Bingo	7
8 10:30 Worship	9 10:00 Exercise 1:00 Craft w/Stacy 2:30 Bingo	10 10:00 Manicures 2:30 Craft w/Meghan	11 10:00 Exercise 2:30 Bingo	12 10:00 LRC Game 12:00 SOCIAL 2:30 Dominoes	13 SHOPPING 10:00 Exercise 2:30 Bingo	14
15 10:30 Worship	16 MLK Jr Day 10:00 Exercise 2:30 Bingo	17 10:00 Manicures 2:30 Kitchen Korner	18 10:00 Exercise 2:30 Bingo	19 10:00 Cornhole 2:30 Birthday Party	20 SHOPPING 10:00 Exercise 2:30 Bingo	21
22 10:30 Worship	23 10:00 Exercise 1:00 Craft w/Stacy 2:30 Bingo	24 10:00 Manicures 2:30 Craft w/Meghan	25 10:00 Exercise 2:30 Bingo	26 10:00 Bowling 2:30 Happy Hour w/Jessica	27 SHOPPING 10:00 Exercise 2:30 Bingo	28
29 10:30 Worship	30 10:00 Exercise 2:30 Bingo	31 10:00 Manicures 2:30 Kitchen Korner	MEALS 7:30—Breakfast 12:00 Lunch 5:00 Supper	 No resident birth- days in January		

* Activities are subject to change.