

# TenderCare February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MEALS:</b> 7:30 Breakfast 9:30 Snack 11:30 Lunch 2:30 Snack 4:30 Supper 7:00 Hydration			<b>1</b> 9:00 Exercise 10:30 Manicures 1:00 Food Art/Bracelet 2:00 Games w/Lacy 3:00 Bowling	<b>2 GROUNDHOG DAY</b> 9:00 Exercise 10:30 Reminiscing 1:00 Obie Games 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	<b>3</b> 9:00 Exercise 10:30 <b>Cookie Decorating</b> 1:00 Card Matching 2:00 Whipped Cream Art 3:00 Balloon Volleyball	<b>4</b> 10:00 Obie Games  2:00 Tabletop Activities 6:00 Movie & Snack
<b>5</b> 10:00 Worship  2:00 Tabletop Activities	<b>6 BEAUTY SHOP</b> 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Gaither Gospel	<b>7</b> 9:00 Exercise 10:30 Sculpting 1:00 Games w/Richelle 2:00 Picture Bingo 3:00 Cornhole	<b>8</b> 9:00 Exercise 10:30 Birdfeeders w/Keely 1:00 Floral Design 2:00 Devotional 3:00 Bowling	<b>9</b> 9:00 Exercise 10:30 Reminiscing 1:00 Obie Games 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	<b>10</b> 9:00 Exercise 10:30 Card Matching 1:00 Dominoes 2:00 Color Corner 3:00 Balloon Volleyball	<b>11</b> 10:00 Obie Games  2:00 Tabletop Activities 6:00 Movie & Snack
<b>12</b> 10:00 Worship  2:00 Tabletop Activities	<b>13 BEAUTY SHOP</b> 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Balloon Volleyball	<b>14 VALENTINE'S DAY</b> 9:00 Exercise 10:00 Craft w/Meghan 1:00 FoodArt/Necklace 2:00 Picture Bingo 3:00 Cornhole	<b>15</b> 9:00 Exercise 10:30 Manicures 1:00 Baby Therapy w/Jessica 2:00 Devotional 3:00 Bowling	<b>16</b> 9:00 Exercise 10:30 Reminiscing 1:00 Obie Games 2:00 Sensory Sensations 3:00 Tic Tac Toe Toss	<b>17</b> 9:00 Exercise 10:30 <b>Hot Cocoa Social</b> 1:00 Dominoes 2:00 Whipped Cream Art 3:00 Balloon Volleyball	<b>18</b> 10:00 Obie Games  2:00 Tabletop Activities 6:00 Movie & Snack
<b>19</b> 10:00 Worship  2:00 Tabletop Activities	<b>20 PRESIDENT'S DAY BEAUTY SHOP</b> 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Gaither Gospel	<b>21</b> 9:00 Exercise 10:30 Sculpting 1:00 Games w/Richelle 2:00 Picture Bingo 3:00 Cornhole	<b>22 ASH WEDNESDAY</b> 9:00 Exercise 10:30 Manicures 1:00 Obie Games 2:00 Devotional 3:00 Bowling	<b>23</b> 9:00 Exercise 10:30 Reminiscing 1:00 Sensory Sensations 2:00 <b>Birthday Party</b> 3:00 Tic Tac Toe Toss	<b>24</b> 9:00 Exercise 10:30 Card Matching 1:00 Dominoes 2:00 Color Corner 3:00 Balloon Volleyball	<b>25</b> 10:00 Obie Games  2:00 Tabletop Activities 6:00 Movie & Snack
<b>26</b> 10:00 Worship  2:00 Tabletop Activities	<b>27 BEAUTY SHOP</b> 9:00 Exercise 10:30 Puzzles 1:00 Watercolor 2:00 Dump & Fold 3:00 Balloon Volleyball	<b>28</b> 9:00 Exercise 10:00 Craft w/Meghan 1:00 Obie Games 2:00 Picture Bingo 3:00 Cornhole	<b>Happy Birthday!</b>  <i>No resident birthdays this month</i>			

\* Activities are subject to change.